



KOBOJI SHINGON MISSION

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2023 Adult Yakudoshi Years / 厄年一覽表

(East Asian Calculation of Age / 数え年)

	Mae-Yaku 前厄	Hon-Yaku 本厄	Ato-Yaku 後厄	
Male 男性	2000 24	1999 25	1998 26	
	1983 41	1982 42	1981 43	
	1964 60	1963 61	1962 62	
	2006 18	2005 19	2004 20	
Female 女性	1992 32	1991 33	1990 34	
	1988 36	1987 37	1986 38	
	1964 60	1963 61	1962 62	

Shingon Buddhism recognizes the vastness of the universe. An understanding of the impact of celestial bodies on human activity was crucial to early Esoteric Buddhism. The study of constellations, stars, and other astrological beings were introduced to Japan by Chinese scholars.

The yakudoshi year is known to be unlucky because one's astrological star will be at its dark stage of cycle. That is why yakudoshi blessings are performed at a temple so that unlucky karma does not overshadow a person's life. The person is shielded by the blessing protecting them during the yakudoshi period.

Kanreki is a special celebration held on a person's 60th birthday. This is when the oriental zodiac sign makes a complete cycle. The kanreki person marks his or her rebirth where the zodiac sign becomes the same as when they were born. The kanreki is a yakudoshi and also an oiwai, which is a happy celebration.

Please contact the temple office if you would like to request a yakudoshi blessing or omamori.